

ULSTER COUNTY OFFICE FOR THE AGING

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JEN METZGER
County Executive



SUSAN KOPPENHAVER
Director

October 2023

Dear Ulster County Senior,

As a valued member of our community, the Ulster County Office for the Aging wants to hear from you! Our mission is to assist and empower older adults and their families to live as independently as possible, with dignity and purpose. We hope you will complete the attached SURVEY to let us know what you feel is important in order to age safely and happily in Ulster County.

By filling out the survey you will be assisting us in determining what kinds of services are important and necessary in our community to support Ulster County residents as they age.

Please note that at the end of the survey there are some personal questions that will assist us in planning, but we assure you that your information will remain confidential and your identity will remain anonymous. Most importantly, please return your completed survey to the Office for Aging so your voice can be heard!

The 2023 Senior Survey is also available online at <https://ulstercountyny.gov/aging> and can be completed electronically. In addition, please call our office at 845-340-3456 if you need assistance completing the survey and we can help you over the phone.

If submitting a paper survey, please deliver or mail it to the OFA address listed above. Thank you in advance for your participation and contribution.

Sincerely,

Susan Koppenhaver
Director

**2023 Ulster County Office for the Aging Senior Survey (for individuals over age of 60).
Please share your thoughts so we can continue improving our current and future programs and services!**

| | | | |
|---|-----------------------|-----------------------|--|
| Your Town: | Your Zip Code: | | |
| <u>SURVEY QUESTIONS:</u> | <u>YES</u> | <u>NO</u> | <u>This MAY BE a concern for me</u> |
| Are you able to perform household chores (cleaning, laundry, etc.)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to pay rent or taxes independently? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to pay for home heating and/or cooling independently? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| If not, are you aware of programs that can help? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to drive your own car? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to get to medical appointments (within Ulster County)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to get to out-of-county medical appointments? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to get to the grocery store and do other errands when you want? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to navigate public transportation options for those who are unable to drive (bus, taxi)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to go places when you want to go? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to shop and cook for yourself? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Do you have enough money for nutritious food? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Do you need to follow a special diet recommended by your doctor (such as low salt)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| If so, can afford to follow a special diet recommended by your doctor? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Do you participate in OFA Community Cafes or receive Home Delivered Meals? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Do you understand Medicare and other insurance options? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Do you understand low-income health insurance subsidies such as Medicare Savings Program? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| If no, would you like OFA to contact you with information? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to obtain help in applying for government programs (HEAP, SNAP)? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| QUESTIONS: | YES | NO | N/A |
|---|-----------------------|-----------------------|-----------------------|
| Do you understand long term services and support options? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you aware of availability of services for individuals with Alzheimer's or dementia, and respite services for their caregivers? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to manage a chronic health condition (such as diabetes, pain, high blood pressure) to your satisfaction? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Have you had a fall or recurring falls or fear of falling in and/or out of the home? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to access senior centers, senior activities or OFA events? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to access in-home personal care services? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Do you provide care for someone? If so, who? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| comments: | | | |
| Does the individual for whom you care live in your home? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| comments: | | | |
| Does the individual have memory problems and/or dementia? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| comments: | | | |
| Do you feel overwhelmed and/or stressed in providing care? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| comments: | | | |
| Do you experience feelings of isolation or loneliness? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| comments: | | | |
| If you have been in the hospital in the past year, did you have the necessary information and services needed to return to your home? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| comments: | | | |
| Have you heard of "NY Connects," the State and local program that helps consumers with information, assistance and connections to needed long term services and supports? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Are you able to access the Internet? If no, why not? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| comments: | | | |
| Are you in need of some smartphone, laptop, or computer instruction? If yes, what type? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| comments: | | | |
| Please identify your gender | Male | Female | Other |
| Number of persons living in your home, including yourself: | | | |
| Year you were born: | | | |
| Your Race (Please circle) Black White Asian Native American Pacific Islander | | | |
| Do you own your home or rent? | Own | Rent | |
| Income Level: | | | |
| Less than \$14,580 | <input type="radio"/> | | |
| \$14,580 - \$18,255 | <input type="radio"/> | | |
| \$18,255 - \$21,870 | <input type="radio"/> | | |
| over \$26,973 | <input type="radio"/> | | |

Please share any other comments, thoughts or ideas with the Ulster County Office for the Aging:

If you would like the OFA to contact you about any information listed in this survey please provide your phone # and/or email address and we can contact you directly:

If you would like to receive the OFA Newsletter (the "BUZZ") - please provide your e-mail:

Thank you for taking this survey, we value your opinion!