



ULSTER COUNTY DEPARTMENT OF HEALTH HEALTH EDUCATION UNIT

Mission Statement

The mission of the Health Education Unit (HEU) is to educate, inform and promote public health and wellness for Ulster County consumers, community partners, and organizations to achieve optimum health and self-sufficiency.



Public Health

Opportunities To Work Together

Please follow us!
[@UCDeptHealth](#)



With over 5K followers, we aim to share health promotion campaigns and opportunities, including events happening in Ulster County. Send event/ campaign image and text content to HealthEd@Co.Ulster.Ny.Us or tag us for sharing.

Data: Regional Community Health Assessment (CHA) and Ulster County Community Health Improvement Plan (CHIP)

HEU works with 6 other regional Mid-Hudson Valley Health Departments, the Siena College Research Institute, community partners, and hospitals to research and create a CHA and CHIP. These data-rich documents can be helpful for research, planning, and grant applications.

Healthy Ulster Radio!

Produced by the Ulster County Department of Health, with Pamal Broadcasting. The program co-hosts are Ulster County Commissioner of Health, Dr. Carol Smith, and Vincent Martello, Director of Community Health Relations. Features interviews with guests representing organizations that are working to improve community wellness. Saturdays: 7:00 AM WBPM 92.9 FM / 96.5 FM 1260 AM / 1420AM. Please listen to the archived shows, and share widely! To be our guest, sign up via email.

Healthy Ulster Council (HUC)

The Council provides professional development, collective action, enhanced networking, and strategy & intervention development opportunities that help address many of Ulster County's most pressing health and mental health needs. The meetings happen bi-monthly on the second Thursday via Zoom. We hope you'll join in by signing up via email. Additionally, you can reach over 100 participants through the HUC listserv, which is available to share information once you get signed up via email.



Healthy Ulster
county

845-334-5527

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Community Referrals

Those seeking health and human services can contact the HEU to be connected with local services and providers.



Outreach Events

As time permits, we can provide or help coordinate public health education trainings with advanced notice via Zoom and in person on topics such as Immunizations, Lead poisoning prevention, Tick-borne illnesses prevention, Sugar-sweetened beverages, Chronic and Communicable diseases for audiences of all ages.



Health Education Materials and Resources

Maintain and share New York State DOH resources/education materials; such as facial masks, hand sanitizer, and other health promotion resources for community partners and residents as supplies last.



Tick Prevention and Education Program

We provide the community with tick identification, tick removers, and educational resources. The HEU assists with tick surveillance in Ulster County via our tick Identification program. Additionally, in partnership with the Northeast Regional Center for Excellence in Vector-borne Diseases, via tick collection sites in Ulster County for the Tick Blitz in the Hudson Valley Region of New York State. The purpose is to understand where different tick species are present in the State and track their northward expansion.



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